

# SESSION DESCRIPTIONS

**10:30 - 11:30AM**

## **Opioids and Integrating Mental Health within Primary Care**

*Ellie Grossman, Cambridge Health Alliance (CHA)*

CHA is an academic community health center serving Cambridge, Somerville, and Boston's Metro-North region, that has been engaged in primary care behavioral health integration for the last 30 years. In light of the recent opioid epidemic, these efforts have grown to include a number of initiatives focused on supporting providers, staff, patients and families touched by the epidemic.

## **Navigating Mixed Payments: What is the Argument to Increase Primary Care Spend?**

*Zirui Song, Harvard Medical School, Massachusetts General Hospital*

With the legislation of Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) being signed into law, payment and practice models are in a period of transition. This session will explore the mixed and alternative payment models that vary between fee-for-service to Accountable Care Organization (ACO), Capitated payment models, and the argument to increase primary care spend.

## **Teaming, Joint Problem-Solving, and Psychological Safety**

*Michaela Kerrissey, Harvard T.H. Chan School of Public Health*

A discussion about promoting a culture of psychological safety, as well as social and emotional intelligence, in the primary care team setting.

## **Strategies for Effective Patient Engagement**

*Kirsten Meisinger, Alexandra Hollencamp, Elisa Tristan-Cheever, Cambridge Health Alliance*

Patient engagement in health care is shown to increase patient satisfaction and improve positive outcomes. This session will look at effective strategies for engaging patients in a meaningful dialogue about their experience, as well as how to integrate their feedback and evaluate these interactions over time.

## **A Framework for Decisions about Integrating Behavioral Health in Primary Care Practices**

*Paul Block, William James College; Liz Cantor, Cadence Consultants; Pano Yeracaris, Care Transformation Collaborative; Jonathan Levis, Greater New Bedford Community Health Center, Inc.*

Learn about healthcare reform with a focus on its implications for psychological practice in primary care, including the role of behavioral health in healthcare, healthcare and human service management, and business practices for healthcare.

**1:00 - 2:30PM**

### **Engaging Preceptor Stakeholders**

*Wayne Altman and Dan Chandler, Tufts University School of Medicine;  
Stanley Sagov, Mount Auburn Hospital; Laura Coyle, Tufts Medical Center*

Leaders in residency training programs and medical education will discuss how to best engage both medical students and residents within their work-flow and clinic setting. The format will include case-based discussions with group work related to best practices for educators, as well as a panel discussion and question and answer session.

### **Pediatric ACOs: Current State and Future**

*Charlie Homer, Boston Medical Center  
Kathleen Conroy, Alyna Chien, and Mike Lee, Boston Children's Hospital  
Clara Filice, MassHealth, Commonwealth Medicine*

Issues in pediatric ACO formation and sustainability present both challenges and opportunities for change. Learn insights that will inform future work in pediatric ACOs.

### **Strategies for Growing Leadership Skills Across the Care Team**

*Aaron Hoffman, Massachusetts General Hospital and Lindsay Hunt, HMS Center for Primary Care*

Join this interactive session to identify strategies and tactics to support and grow leadership skills across the care team. Participants will leave the session with a toolkit of approaches to overcome barriers to change and empower peers and direct reports.

### **Caring for Immigrant Patients in a Climate of Fear**

*Lara Jirmanus, Cambridge Health Alliance*

This session will inform participants on the frameworks and research behind culturally-sensitive care including perspectives on spiritual, religious, linguistic, and cultural collectivism.

### **Reconnecting Medicaid Patients to Primary Care within 7 Days of Hospital Discharge**

*Natasha Dravid and Carter Wilson, Camden Coalition of Healthcare Providers*

This workshop will cover the 7-Day Pledge, a citywide effort to reconnect all Camden Medicaid patients to primary care within seven days of hospital discharge.

**3:00 - 4:00PM**

### **Communicating about Cannabis and E-Cigarette Use in Primary Care Settings**

*Andy Tan, Dana-Farber Cancer Institute; Linda Frazier, Advocates for Human Potential, Inc.*

This session will focus on the practical challenges of communicating about the growing trends of cannabis and e-cigarette use in the primary care setting, including discussing health risks among adolescents, co-use of these products, and best practices for integrating routine screening, documentation and informed decision making about using these products with patients across the life course.

### **ACOs, Universal Healthcare, Politics, Landscape, and What's Coming**

*David Elvin, Cambridge Health Alliance, Harvard Medical School*

This session will explore the complicated nature of the American Healthcare system with regard to the effect of law and policy on the infrastructure of healthcare and medicine. Topics to be addressed will be the Affordable Care Act (ACA), Accountable Care Organizations (ACOs), the plausibility of universal health care, and where we are headed next.

### **Smooth Operations: Improving Workflow to Increase Value**

*Jim Heckman and Kayla Tremblay, Beth Israel Deaconess Medical Center*

Efficient flow reduces burden on staff, providers, and patients and enhances our ability to provide high-quality care. By reducing waste, efficient flow frees up time for the care team to connect with patients on valuable, health-promoting activities. This session will describe how Healthcare Associates at Beth Israel Deaconess Medical Center sought to improve quality of care using flow management concepts.

### **The Climate Crisis and Human Health: Our Role in Seeking Solutions**

*Gaurab Basu, Cambridge Health Alliance, Harvard Medical School; Caren Solomon, Brigham and Women's Hospital*

Panel discussion on the ways the environment and climate change affects patients' health, the provider role in serving as advocate, and the opportunity to engage in policy reform.

### **The Ambulatory ICU: Providing Intensive Primary Care across the Hospital, Clinic, and the Home**

*Caroline Berchuck, Dhruva Kothari, Andrew Foley, and Sagar Raju, Commonwealth Care Alliance*

Gain a conceptual understanding of the roles and resources needed to provide intensive primary care through an interdisciplinary team. Learn how to embed your new intensive primary care model in a monitoring and evaluation system. Participate in an exercise on how to determine - and then develop - the right clinical interventions to add onto your new intensive primary care model.

**4:00 - 5:30PM**

### **What You Need to Know About Medicare Payment Policy: The Origins of the Fee Schedule and Its Centrality for All Things Primary Care**

*John Goodson, Massachusetts General Hospital, Harvard Medical School*

A discussion about the ways - both good and not so good - that Federal policy has played out for primary care in the last few years, including the Medicare Physician Fee Schedule (MPFS), and payment reforms current and proposed.

### **Alternative Care Options: Threat or Opportunity to Primary Care?**

*Ateev Mehrotra, Beth Israel Deaconess Medical Center, Harvard Medical School*

Retail clinics generate great controversy. Concerns about their quality of care, including the overprescribing of antibiotics, lost opportunities for preventive care, and the disruption of existing patient-physician relationships spark speculation on their effectiveness. In this session we will discuss the current and potential impact of alternative care options on care quality and spending.

### **A New Story: Altering the Hero Narrative for the Physician, Patient, and Team to Enhance Patient-Centered Care and Decrease Burnout**

*Lora Council, Cambridge Health Alliance (CHA); Aimee Valeras, NH Dartmouth Family Medicine Residency*

Traditional medicine often reinforces an unconscious, prototypical 'hero narrative.' Team care, however, requires physicians and teams to acquire new, interdependent skills to fully implement patient-centered approaches. This workshop will guide participants through the paradigm shift from physician-as-hero to physician-team-patients as collaborators. This is necessary for both an enhanced service delivery model and also to protect from burnout in the setting of patient-level and system-level complexity.

### **The Primary Care Revolution: Dispatches from the Front**

*Gordon Chen, ChenMed; Daniel McCarter, JenCare Senior Medical Center*

High-intensity value-based primary care leads to lower costs and better outcomes for patients and is being championed by CMS as a critical part of the solution for the problems with the US Healthcare System. This seminar will share a successful full risk value-based model from one of the national leaders in this area, ChenMed. Participants will be given the opportunity to learn from this model and to discuss with presenters and other participants problems and potential solutions on their own path to value and/or Risk.